

PARK RIVER ESTATES CARE CENTER

NEWSLETTER

JULY 2010

July 2010



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**Have a safe and happy
Independence Day!**



From Your Administrator...

By Tom Pollock

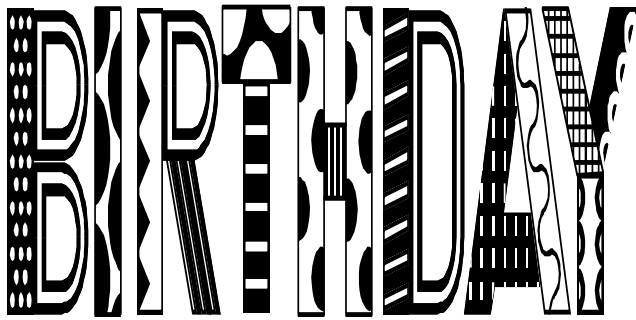
Senior TV is Now Available! We now have a new option for TV service for residents in our non-Transitional Care Unit (TCU). It is Senior TV Cable. Up until now, there have been only two ways to watch TV in the privacy of your room – via Comcast Cable or the use of a converter box. We now offer a third alternative, Senior TV. Senior TV utilizes the Direct TV satellite dish, which is located on our roof, and we can offer 32 channels. (For a complete listing, please see the receptionist.) **For only \$0.70/day** or about \$21.00/month, 32 channels are available through Senior TV, **plus, we do not charge an installation fee.** You still have the option of using a converter box or contacting Comcast for your cable service. No matter what service you choose, you will have to provide your own television. If you are interested in obtaining Senior TV, please contact Diana Olson, 763-210-7006 or Judy Estensen, 763-210-7028 in our Social Service Department.

Transitional Care Unit (TCU) Open House. We are happy to announce an open house for our 14-bed TCU. It will be held on Wednesday, July 7th from 2:00 – 5:00 p.m. We have placed ads in the local papers inviting the public to see what we now offer to our community. Our TCU is what the public is looking for when it comes to short stay. They want a private room, electric bed, cable TV and a phone to contact family immediately. All of this is included when Medicare Part A or a similar all-inclusive contract pays their care.

Meeting With Senator Franken and Representative Eric Paulsen. On June 9th, I had the opportunity to meet with Senator Franken and Representative Paulsen in Washington, DC. I, along with other Minnesota long-term care providers, discussed the need for extending the Federal Medicaid Assistance Program (FMAP) through June 2011. Minnesota's share would be \$440 million. Both agreed that what we do is important. The problem is spending more money and the bickering between the two parties. So far, the bill has been defeated twice. We'll have to see what happens. The important lesson is that we all need to continue to voice our concern for the residents we take care of. If we don't, who will?

July Birthdays

Happy Birthday to the following residents who celebrate their birthdays in July:



Marjorie McKeon	July 11
Marjorie Mathieu	July 12
Elaine Vargas	July 15
Mabel Rubink	July 20
Grace West	July 22
Kathy Enge	July 22
Stella DeRoy	July 25
Julia Walz	July 26
Ana Magadan	July 26
MaryAnn Petersen	July 26
Violet Leggett	July 28

Hello...and Goodbye!

Welcome to **Gloria Coleman, Allan Oldenborg, Anita Milam, Bernice Otten, Ronald Heinen, Clifford Hitchings** and **Richard “Bud” Mathieu** who arrived at Park River Estates this month. Please greet them!

Best wishes to **Michael Kurth, Edwin Melin, Robert Collett** and **Lois Gifford** who were discharged this past month, and to **Donna Walberg, Frank Conroy** and **Rolland Voelker** who were with us a short time.

Resident Council

President Mel Bruggeman called the meeting to order on Tuesday, June 8, 2010 at 3:00 p.m. The meeting began with the Pledge of Allegiance. Minutes of the last meeting were read and approved. Eight members were present.

There was no **Old Business**.

As **New Business**, Diana Olson reviewed the Resident Bill of Rights #'s 16 and 17. Number 16 – “Residents shall have the right to every consideration of their privacy, individuality, and cultural identity as related to their social, religious and psychological well being. Staff must respect the privacy of a resident’s room by knocking on the door and seek consent before entering.” Number 17 – “Residents may voice grievances and recommend changes in policies and services to facility staff and others of their choice, free from reprisal, including threat of discharge.” For more information on the

Office of Health Facility Complaints and our local Ombudsman, see the Residents Bill of Rights notice posted by the Social Services office.

Diana Olson informed council members of the new Senior TV. This is a new option. The cost is \$21.00 per month. For more information, contact Diana Olson or Judy Estenson in Social Services.

Safety Concerns: There were none at this time.

The meeting adjourned at 3:30 p.m. The next meeting is scheduled for Tuesday, July 13, 2010 at 3:00 p.m. in the Chapel.

Diana Olson,
Social Service Director/Recorder

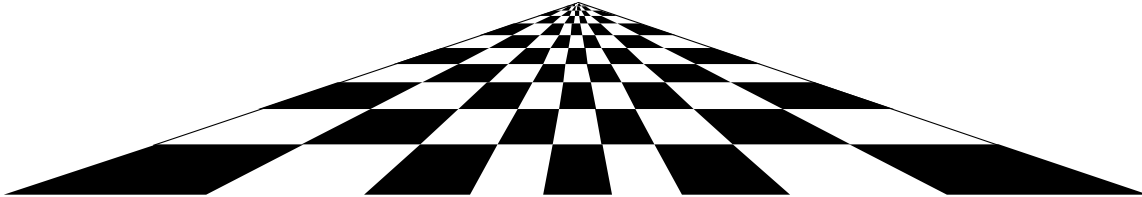
The **Family Council** will meet on Tuesday, July 13, 2010 at 4:00 p.m. in the Resident/Visitor lounge.

12th Annual Car Show and Ice Cream Social

Despite the rain, 18 cars showed up, but we couldn't go outside to look at them! The owners were very nice and came in to visit and take part in the door prize raffle and the ice cream social. The door

prizes were great, and the ice cream really hit the spot.

We're looking forward to 2011!



July Trivia

- Bill Cosby, creator of the Fat Albert cartoon character, was born July 12, 1937.
- On July 20, 1969, man walked on the moon.
- Three states – Idaho, New York & Wyoming – were admitted to the Union in July.
- Presidents Ford, Coolidge, J.Q. Adams & G.W. Bush were born in July.
- American circus owner P.T. Barnum was born July 5, 1810.
- The Republican Party held its first state convention in Jackson, Michigan on July 6, 1854.
- James Abbott McNeill Whistler was born July 10, 1922. His most famous painting was of his mother and was titled *An Arrangement in Grey and Black*, better known as *Whistler's Mother*.
- The ruby is the gemstone for July, the flower is larkspur or water lily.
- The first patent in the United States was issued July 31, 1790 to Samuel Hopson for his method of creating potash and pearl ash from wood ash.
- Nancy Davis Reagan was born July 6, 1921. She was quoted as saying, “My life really began when I married Ronnie.”
- July 2, 1955, marked the beginning of one of the longest-running TV shows in history, *The Lawrence Welk Show*. Initially known as *The Dodge Dancing Party*, Welk and his musical family brought familiar, easy listening music into the homes of millions of viewers.

English Proverb: “If the first of July be rainy weather, it will rain more or less, for four weeks together.” Will that hold true for this July?

Chaplain's Corner

“I knew if I stayed around long enough, something like this would happen.” George Bernard Shaw at the end of his life.

The Sacrament of Healing (Reconciliation and Anointing), is timely for all of us to experience, because we are all subject to sin, suffering, disease and death, George Bernard Shaw quotable quote notwithstanding. Even after Baptism, Christians still carry this new life “in earthen vessels.” The idea is that the practice of the sacraments is central to salvation. These sacraments offer a response to the two fundamental questions raised, “What does this path of purification entail? And how might love be experienced so that it can fully realize its human and divine potential? The answer is in sustaining our daily lives in a unity among the Sacraments of Baptism, Confirmation and Eucharist on the one hand, and Penance, the Anointing of the Sick and the Eucharist as Viaticum, at the end of Christian life, preparing us for our Heavenly Banquet to complete our earthly pilgrimage. The Latin word "viaticum" means the provision for the journey of life and finally by metaphor the provision for the passage out of this world into the next. It is in this last meaning that the word is used in our Christian lives. We are saved by faith, prayer, which is our conversation with God, and the sacraments of faith from the New Testament. And we are part of a *confessing church*, when we confess Jesus Christ as Lord and Savior. It's what we are called to do.

Jesus prayed during the Last Supper, “And now, Father, glorify thou me in thy own presence with the glory which I had with thee before the world was made” (Jn. 17: 5). Jesus confesses that he has been sent to make himself an offering for sin (Mk. 10: 45; Is. 53: 10). His words and actions at the Last Supper (from the Bible) over the bread and wine interpret the meaning he gave to his suffering and death. He accepts freely to be the representative of every human being; he took upon himself our sinful guilt before his Father. “This is my body given up for you. This is the cup of my blood, the blood of the new and everlasting covenant. It will be shed

for you and for many so that sins may be forgiven.” Each baptized into his death does the same. Despite being unsettled by the prospect, disciples of Jesus confess their sins to God in Heaven and confess Jesus as Lord. We are a confessing church, a confession people.

When Hitler came to power in Germany, he wanted to unify all the Protestant Christian churches into one national church. He used Christianity to justify Nazism and [anti-Semitism](#). A struggle took place between the pro-Nazi "Christians" and those who refused to comply. Many Protestants resisted. Catholics were active in hiding Jews and helping them escape. One of the resistance movements was the "Confessing Church," comprised of Lutheran, Reformed, and Union church pastors and lay people. The "Barmen Declaration" of 1934 stated that the church's proclamation consists only in Jesus Christ, not in Nazism. Confessing Church people engaged in various forms of resistance, ranging from hiding Jews, to training pastors in an illegal seminary, to secret plots to assassinate Hitler. Leaders of the Confessing Church included theologians [Karl Barth](#), and [Dietrich Bonhoeffer](#), a Lutheran pastor executed by the Nazis in 1945.

This has me thinking about a concept called, Freedom for Excellence, which is the power to act freely and with perfection. Freedom for Excellence is a habit, which requires practice in the same way that constant application is necessary for the development of artistic proficiency at the piano. An examination of conscience would begin with the Ten Commandments and the Beatitudes, depending on moral attraction not obligation. We have for ourselves the great gift of the Gospel and the grace of the Holy Spirit given through faith in Christ. We develop our faith reading the Bible and practicing the Gospel in our daily lives. We are, as Christians, responsible people—responsible for our own actions the net result of which is a seat at the Heavenly Banquet. May God bless you, your families and all who serve at Park River Estates Care Center. +Chaplain Peter Riola

Our Sympathies...

Our sympathies go out to the family and friends of **Mary Burnett** and **Mary Keisling**. She will be remembered at the Memorial Service on Sunday, July 4, 2010 at 2:00 p.m. in our chapel.

Mary Jane “Janie” Burnett, age 82, of Anoka, died from respiratory complications June 4, 2010. She was a loving mother, grandmother and great-grandmother. Janie is preceded in death by her parents, three brothers, her husband, two sons and one grandson. She is survived by two daughters, thirteen grandchildren, eleven great-grandchildren and her sister.

Mary Keisling, age 83, of Blaine passed away June 17, 2010. She is preceded in death by husband Richard, and eight brothers & sisters. She is survived by son Frank (Kathy), grandsons Craig (Mari) and Jeff (Angie), great-grandchildren Sarah, Melissa, Garrett and Anna Grace, sisters Rose and Lyell, and many nieces and nephews.



In Memory: The family of **Clifford Orth** donated \$150 in his memory to the Park River Estates Resident Council Foundation, which will be used to enhance the quality of life of the residents of Park River Estates Care Center. Thank you